## The One Stitch Face Lift

Beverly Hills Plastic Surgeon RENATO CALABRIA

offers the ultimate in facial rejuvenation with ZERO down time!

For men and women not quite ready for a full facelift, but still desiring a more youthful look, many options are touted the latest and greatest from the Thread Lift to fat transfers and cosmetic fillers, unfortunately all are temporary and have proved to be a major disappointment for patients in the long run. Board Certified Plastic Surgeon, Dr. Renato Calabria has developed the answer to our beauty seeking prayers with the 'ONE STICH FACELIFT' and it's giving patients the long lasting youthful results they want.

"The reason that I came up with the 'One Stitch Facelift' is because the alternatives such as the 'thread lift' do not give patients what they promise. The 'Thread Lift' doesn't last more than a few months because it is based only on stitches, also there are reports of major complications with infection. The 'One Stitch Facelift' lasts years because I remove skin to make muscles tighter. There are no risks."

The concept for Calabria's procedure was inspired by an old Hollywood beauty trick in which actresses used tape to pull loose skin upward, for a smoother, younger look. As Calabria caters to A-listers and people on the go who don't have time for the long recovery that a full facelift requires. Calabria's 'One Stitch Facelift' takes that original beauty trick to a higher level creating a more permanent result.

According to Calabria, the secret to the success of the 'One Stitch Facelift' is that it does not use any external synthetic threads to hold tissue in place. Instead, by overlapping the patient's own tissue (loose skin over fat and dermis) Calabria creates a natural anchor that holds the muscles and tissue in place to form a more youthful look. This natural anchor is strong enough to hold tissue indefinitely, as opposed to the over-hyped thread lifts, and non surgical facelifts which use a few threads or sutures that prove not able to bear the weight of the face.

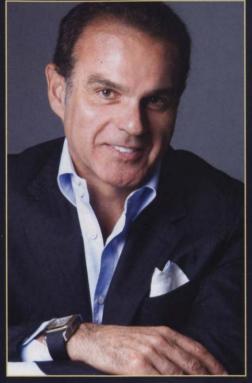
"The 'One Stitch Facelift' is perfect for younger patients in the 35-45 age group, who may not be ready for a full facelift, but want a younger look. Also, patients who have amazing results are those who already had a facelift and just needed a little tweak to tighten up. There are people who do not want to go under general anesthesia and this is a great alternative for them as well."

During this one-hour procedure, Calabria makes a small incision in the temporal area through which he performs the entire procedure. Loose skin is de-epithelialized, tunneled and tightened and then overlapped onto the fat layer that is then anchored securely under the hairline. Because the overlapped dermis and fat are stitched together underneath the external tissue, they provide a much stronger anchor for the face and hold the tension without fail. The one incision is closed, and, within a week or two, there is no sign of surgery!

The 'One Stitch Facelift' is performed under local anesthesia, with no sedation. Patients drive themselves to the office and back home. The 'One Stitch Facelift' is perfect for anyone concerned with the long downtime of other surgeries; patients who don't want to go under anesthesia; younger patients who desire a mini-lift or even older patients in need of a touch-up are ideal candidates. Swelling is minimal, with little or no bruising and patients can return to work the next day.

"The 'One Stitch Facelift' can be considered the first natural facelift. I don't add unnecessary sutures or threads to the mix. I only use what the patient already has naturally to give them a lasting, more youthful ...them! The 'One Stitch Facelift' offers at least five years. Because I do remove some skin it lasts longer than alternatives such as fillers and the thread lift."

Calabria is Board Certified by the



American Society of Plastic Surgeons (ASPS). His world-wide education includes the University of Padua Medical School in Padua, Italy, one of the oldest medical schools in the world; postdoctoral training at UCLA, and University of California, San Diego. In addition to his Beverly Hills office, he also practices in Milan and Rome. As a leading expert in aesthetic plastic surgery, Calabria is part of a voluntary faculty for the Department of Plastic Surgery at USC where he trains and the next generation of surgeons including techniques such as the 'One Stitch Facelift' and the 'Vertical Facelift. Talent in the OR has paid off. Calabria was nominated one of 10 Best Plastic Surgeon in the U.S. by AskMen Magazine and one of America's Top Plastic surgeons by the consumer research guide of America.

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