

Top 10: Plastic Surgeons

By [James Raisewell](#)

Entertainment Correspondent - *Every other Wednesday*

TODAY'S
ARTICLES

DISCUSS
THIS ARTICLE

EMAIL
THIS PAGE

PRINT
THIS PAGE



Who are the best plastic surgeons in the U.S.?

[Plastic surgery](#) is big business. In 2005, the number of cosmetic procedures reached more than 10 million, most of which were minimally invasive techniques done on an out-patient basis. Of that total, liposuction was the most popular procedure with more than 323,000 operations, followed by nose reshaping (298,000), breast augmentation (291,000), eyelid lifts (230,000), and tummy tucks (134,000). And plastic surgery isn't just for women any more; the American Academy of Facial Plastic and Reconstructive Surgery reported a 60% increase in the number of male patients in 2005.

I've compiled a list of the 10 best plastic surgeons the U.S. has to offer. These men are not only the best in their field for quality of care and reputation, but are also prestigious names in the business.

Number 10

Dr. Richard Ellenbogen

M.D., F.A.C.S., F.I.C.S.

As a two-time recipient of the American Medical Association Physicians Recognition Award, Dr. Richard Ellenbogen is one of the more highly decorated plastic surgeons in the U.S. today. He was board certified in 1978 and today practices cosmetic surgery out of his Beverly Hills office that is decorated with museum-quality [antiques](#).

No stranger to the media, Dr. Ellenbogen has been quoted in *GQ*, the *Los Angeles Times Magazine*, *USA Today*, and has been interviewed on *Oprah*, *ABC News*, and *Geraldo*. Dr. Ellenbogen is also recognized among his peers as one of the most published plastic surgeons. He has written textbooks and journal articles on face-lifts, eyelid surgery, forehead lifts, breast enlargement, liposuction, and has conducted a great deal of research into the use of silicone.

Dr. Ellenbogen is an advocate of the volumetric face lift technique, which makes the face look young again with an injection of fat from another site on the body. This procedure takes between four and six weeks to properly heal.

Number 9

Dr. Garth Fisher

M.D., F.A.C.S.

Dr. Garth Fisher is another Beverly Hills plastic surgeon (his office is a stone's throw from Rodeo Drive) and

the first plastic surgeon to have appeared on ABC's *Extreme Makeover*.

Dr. Fisher's specialization in cosmetic surgery of the face and breasts as well as skin rejuvenation makes him highly sought after. His practice treats entertainers and celebrities as well as business executives. He was recently named one of the top plastic surgeons in the U.S. for facial cosmetic surgery and was selected as one of the best in LA by a jury of his peers. He is also a frequent media contributor, having been interviewed on *Good Morning America*, *Oprah*, and the *CBS Evening News*, and quoted in *Details*, *TV Guide* and *USA Today*.

Dr. Fisher is committed not just to helping his patients [look younger](#), but also to giving them the power to make informed decisions about plastic surgery. He has published *The Naked Truth About Plastic Surgery* -- a source of information for would-be patients -- on his practice's website.

Number 8

Dr. Anthony Griffin **M.D., F.A.C.S.**

One of the top authorities on plastic surgeries for African American and other ethnic skin types, Dr. Anthony Griffin believes that minorities who have plastic surgery need not necessarily conform to conventional ideas of beauty. "I want people to know that they can enhance their natural beauty and still retain their ethnic identity," he says.

Dr. Griffin works especially hard to promote the newest and safest surgical techniques to his colleagues and he is a big believer in scar-free surgery, especially for ethnic skin types. The good doctor also believes in the value of charity work and is frequently involved in pro bono projects in Africa, Asia and South America, where he helps children with deformities

Dr. Griffin pioneered the Brazilian butt lift, the six-pack tummy tuck, and no-tell nose job, all of which are extremely popular with celebrities and business executives.

Number 7

Dr. William Dorfman **D.D.S.**

Because [plastic surgery](#) isn't all about your skin and body, you may want to consider the benefits offered by cosmetic dentistry as well. Dr. William Dorfman is one of the country's leading dentists. He has worked with some of the country's brightest stars and best-known names.

In 1980, as a recent graduate, he was named to UCLA's Outstanding Senior Award. He was one of the youngest ever recipients of a doctorate from the University of the Pacific and has practiced in Los Angeles since 1985. Today, Dr. Dorfman is renowned as an inventor and an entrepreneur who has brought all sorts of innovations to the field of aesthetic dentistry. He was recognized as the Best Aesthetic Dentist in Los Angeles by *Los Angeles* magazine and received two lifetime achievement awards from dentistry academies by the age of 42.

Dr. Dorfman has also appeared on TV's *Extreme Makeover*, as well as *Entertainment Tonight* and the *Rosie O'Donnell Show*. He also serves as a judge for the Miss South Carolina beauty pageant.

Number 6

Dr. John M. Shamoun **M.D., F.A.C.S., F.I.C.S.**

Dr. John Shamoun is one of America's most highly educated plastic surgeons; he completed nine years of formal training after [medical school](#). What's more, he takes great pride in being the only plastic surgeon in California certified by both the American Board of Surgery, the American Board of Plastic Surgery and also

the American Board of Facial Plastic and Reconstructive Surgery. Dr. Shamoun says it is his goal to be "the best physician at all costs."

Dr. Shamoun prides himself on offering top-quality patient care and after care and boasts an "uncompromising attention to detail" in all areas of his practice. He also believes in correcting unwanted results that other surgeons may have left behind.

Number 5

Dr. Nicholas Nikolov **M.D., F.A.C.S.**

Beverly Hills-based Dr. Nicholas Nikolov was trained at Duke University and is certified to practice both general and plastic surgery. He specializes in plastic and reconstructive surgery and is sought after for his surgical skill and keen sense of aesthetic harmony.

Dr. Nikolov's procedures are designed around patients' needs and desires and focus on [natural improvements](#), as opposed to radical change. For these reasons, he has become very popular with A-list celebrities in the Beverly Hills area.

Number 4

Dr. Renato Calabria **M.D., F.A.C.S.**

A graduate of the University of Padua in Italy -- one of the oldest medical schools in the world -- Dr. Renato Calabria is a leading expert in plastic surgery. He has written a number of articles on reconstructive surgery and burns, and lectured for a variety of academic institutions. A regular contributor on TV's *Extra* and *Inside Edition*, among others, Dr. Calabria is no stranger to a celebrity clientele.

Dr. Calabria pioneered the one-stitch face-lift, in which facial skin is lifted and is anchored to a single stitch under the hairline on each side of the face. This has become a very popular procedure because it demands a short recovery period of a few days and leaves no bruising. The end product is subtle and is very popular among clients in their mid 30s.

Dr. Calabria also devotes time to helping children with congenital defects and has participated in a few missions to Central and South America where he has performed hundreds of reconstructive surgeries.

Number 3

Dr. Brad J. Jacobs **M.D.**

Butt lifts are big business according to the American Society of Plastic Surgeons, which estimates that demand for the procedure increased by over 280% between 2000 and 2005.

Dr. Brad Jacobs says his "Star Butts" clinic offers some of the best butt lifts in Manhattan "It's your own fat, and it's in the best soil [your butt], so it lasts," said Jacobs. "The added bonus is they're getting [liposuction](#) to get the excess fat and put it where you need it."

Dr. Jacobs specializes in all types of plastic and reconstructive surgery, from face and body enhancement to skincare and non-surgical procedures, and he is a top silicone implanter.

Number 2

Dr. Tony Youn

M.D.

Based out of Michigan, Dr. Tony Youn is one of the best plastic surgeons in the country. He specializes in cosmetic surgery and, after graduating with the prestigious Advanced Aesthetic Surgery Fellowship in Beverly Hills, California, paid his dues learning the best techniques of the trade from his colleagues.

Today, Dr. Youn prides himself on attention to detail and patient care and believes in the value of less invasive techniques and minimal downtime. He is known also for his work as an author, a lecturer and on the E! show *Dr. 90210*.

More than this, Dr. Youn is famous for his Celebrity Cosmetic Surgery blog, which keeps readers up to date on the stars' plastic surgery comings and goings. Since its inception, the blog has logged more than 1.3 million hits and has covered such celebrities as [Britney Spears](#), Burt Reynolds, David Copperfield, [Demi Moore](#), [Beyonce](#), and Sharon Osbourne.

Number 1

Dr. Richard Fleming and Dr. Toby Mayer

M.D., F.A.C.S. (each)

Dr. Fleming and Dr. Mayer work in a private practice together at the Beverly Hills Institute and have spent more than 25 years practicing plastic surgery. The two doctors are renowned in celebrity circles for their work, which is both rejuvenating and subtle. They take pride in delivering results that are nearly undetectable and for that reason are known in celebrity circles as the best in the business.

Both doctors are also leading professionals in their field and are held in high regard by their peers. Dr. Fleming and Dr. Mayer are regularly invited to give talks on plastic surgery and all aspects of hair-replacement surgery. They have served for the past six years as co-directors of the International Symposium on Hair Replacement Surgery and have had many papers published on permanent hair-replacement surgery procedures.

As experts in their field, the men are also regular contributors to the media and have been quoted in *Men's Health*, *People* magazine, the *Los Angeles Times*, and *Entertainment Tonight*.

nip and tuck please

Cosmetic procedures aren't just for women. They are very popular among men and seem to be steadily on the rise. There are so many top-quality surgeons in the U.S. today, you're limited only by your imagination. But, be sure to do your research regardless. This is surgery, after all.